ANAPHYLAXIS "The NIGHTMARE"

DR. SHAKHAWAT HUSSAIN NAHID TRAINEE MEDICAL OFFICER DEPARTMENT OF ANAESTHESIA Hypersensitivity (or allergic) reactions are exaggerated immunological responses to antigenic stimulation in previously sensitized persons.

The antigen, or allergen, may be a protein, polypeptide, or smaller molecule.



A=Allergic C=Cytotoxic I=Immune Complex mediated D=Delayed

Mechanism of Type-I hypersensitivity

Type I reactions involve antigens that cross-link IgE antibodies, triggering the release of inflammatory mediators from mast cells.



Examples of Type-I (immediate) Hypersensitivity

Atopy
Urticaria
Angioedema
Anaphylaxis

Mechanism of Type-II hypersensitivity

In type II reactions, complement-fixing (C1-binding) IgG antibodies bind to antigens on cell surfaces, activating the classic complement pathway and lysing the cells.



Examples of Type-II (cytotoxic) Hypersensitivity

Hemolytic transfusion reactions
Autoimmune hemolytic anaemia and
Heparin-induced thrombocytopenia
Graft rejection

Mechanism of Type-III hypersensitivity

Type III reactions occur when antigen–antibody (IgG or IgM) immune complexes are deposited in tissues, activating complement and generating chemotactic factors that attract neutrophils to the area. The activated neutrophils <u>causes</u> tissue injury by releasing lysosomal enzymes and toxic products.





FIGURE: Mechanism of type 3 hypersensitivity

Examples of Type-III (immune complex) Hypersensitivity

Serum sickness

Acute hypersensitivity pneumonitis
 Rheumatoid arthritis

► SLE

Mechanism of Type IV hypersensitivity

Type IV reactions, often referred to as delayed hypersensitivity reactions, are mediated by CD4+ T lymphocytes that have been sensitized to а specific antigen by prior exposure.



Examples of Type-IV (delyed) Hypersensitivity

Contact dermtitis ► Tuberculosis ► Histoplasmosis ► Schistosomiasis Chronic hypersensitivity pneumonitis

Anaphylactic Reactions

Anaphylaxis is an exaggerated response to an allergen (eg, antibiotic) that is mediated by a type I hypersensitivity reaction

The syndrome appears within minutes of exposure

characteristically presents as acute respiratory distress, circulatory shock, or both.

Death may occur from asphyxiation or irreversible circulatory shock. The most important mediators of anaphylaxis are histamine, leukotrienes, basophil kallikrein (BK-A), and platelet-activating factor. They increase vascular permeability and contract smooth muscle.

H1-receptor activation contracts bronchial smooth muscle, whereas H2-receptor activation causes vasodilation, mucus secretion, tachycardia, and increased myocardial contractility. BK-A cleaves bradykinin from kininogen; bradykinin increases vascular permeability and causes vasodilation and contracts smooth muscle.

Activation of Hageman factor can initiate intravascular coagulation.



Organ System	Sign and symptom
CVS	Hypotension, tachycardia, arrhythmias
Pulmonary	Bronchospasm, cough, dyspnea, pulmonary/ laryngeal oedema, hypoxia
Dermatological	Urticaria, angioedema, pruritus

Causes of anaphylactic reactions

Anaphylactic reaction against	Venoms
polypeptide	Airborne allergens
	Foods
	Enzymes
	Heterologous serum
	Latex
Anaphylactic reaction against	Antibiotics
hapten carrier	Local anesthetics
	Disinfectants

Anaphylactoid reactions

Anaphylactoid reactions resemble anaphylaxis but do not depend on IgE

Antibody interacs with antigen

A drug can directly release histamine from mast cells (eg, urticaria following high-dose morphine sulfate) or activate complement by IgG

Causes of anaphylactoid reactions

► Opioid ► Hypnotics Muscle relaxants ► NSAID Protamine Dextran ► Idiopathic

Diagnosis and treatment



Serum tryptase measurement is helpful in confirming the diagnosis of ananaphylactic reaction.

Treatment must be immediate and tailored to the severity of the reaction



Discontinue drug administration Administer 100% Oxygen ► Epinephrine Consider intubation Intravenous fluid bolus Diphenhydramine > H₂ Receptor antagonist Steroid

Allergic Reactions to Anesthetic Agents

True anaphylaxis due to anesthetic agents is rare; anaphylactoid reactions are much more common.

Risk factors associated with hypersensitivity to anesthetics include

- Female gender
- H/o Atopy
- Preexisting Allergies
- Previous Anesthetic exposure

Allergies to Antibiotics

Many true drug allergies in surgical patients are due to antibiotics, mainly β-lactam antibiotics, such as penicillins and cephalosporins.

Although 1% to 4% of β-lactam administrations result in allergic reactions, Cephalosporin cross-sensitivity in patients with penicillin allergy is estimated to be 2% to 7%,

Latex Allergy

The severity of allergic reactions to latexcontaining products ranges from mild contact dermatitis to life-threatening anaphylaxis. A 25 years healthy female was admitted in obstetric department for emergency LUCS less fetal movement.

After giving inj. Cefuroxime (0.5ml subcutaneously) as test dose in ward, patient developed hypotension, dysrythmia, respiratory distress and desaturation

ANY GUESS?

THANK YOU

ANY QUESTION?

